



aroma ki

day spa



science meets nature at aroma ki.

Welcome to aroma ki, a haven in this fast paced, work oriented society. At aroma ki, we have the best and most effective treatments available from age old nurturing massages, to the latest scientific developments in results-oriented skin, body and hair care. We are constantly researching the best and latest treatments available to bring you the most innovative procedures and the latest therapies. Our professional specialists are available to help you choose the best solutions for your specific body and skincare concerns.

spa etiquette

Arrival: Please arrive approximately 10 minutes before your appointment. This will ensure you have time to unwind, change and enjoy a personal consultation. Please understand your treatment will finish on time so the next client is not inconvenienced.

Dress: You may wish to wear your own briefs or a swimsuit for wet treatments or we can provide hygienic disposable briefs. Our therapists will always use draping techniques to respect your privacy.

Gift vouchers: Please ensure that you bring your gift voucher with you.

Mobile phones: To ensure you and others enjoy a tranquil space, remember to switch off your mobile before entering the spa.

Pregnancy: We have special treatments and considerations for pregnant mums to be. Please let reception know if you are pregnant when you make your booking so we can be ready for you.

Bookings: Credit card details or a cash deposit of 50% of the treatment value is to be provided at the time of booking.

Relaxation lounge: Following your treatment you may wish to take time out to enjoy a refreshing fruit water or organic tea in our relaxation lounge. Allow extra time for this.

Spa cuisine: Complimentary tea, water and snacks are provided for your pleasure. Light refreshments are included in all packages over 3 hours

Cancellations : The treatments you select are reserved especially for you. 24 hours notice is required for cancellations or a 50% payment may be incurred.

Re-bookings: Remember to re-book your next appointment before you leave to avoid disappointment

Parking: Parking is available for your convenience at the rear of the building accessed from Collaroy St.

men's packages

wedding packages

couples' suites

facial courses

gift vouchers

vip memberships

Prices subject to change
pictures supplied by Sothys
and Maryanne's Progeny



spa packages from around the globe

Diamond Indulgence 6hrs 30mins+ \$1,000

Ultimate luxury with our indulgent body polish, rasul mud cleansing ritual, geisha bath with rose petals, nourishing milk, deep sea salts and precious oils, full body massage with luxe creams, our exquisite Signature facial, ritual hand and feet treatment with nailpolish, hair wash and style and completed with skincare mineral makeup application and luxury skincare gift and scented candle to take home and continue the experience. Served with a light lunch and French Champagne. (minimum 24 hours notice required)

Arabian Night's Rasul Package

Our Signature Treatment 2 hours \$270, \$490 for two

Rasul Mud Experience in our amazing starlight steam Rasul. Aromatherapy Massage or Deluxe Facial. To be enjoyed alone or with a partner.

Escape to Paradise 3 hours \$395

Full body mud wrap with Dead Sea salts and deeply nourishing Mineral Mud, Aromatherapy Massage, Deluxe Facial. Optional nail paint add \$40

Romancing The Stone 2 hours \$255 be Transported into a State of Deep Relaxation & Melt Away Muscular Tension.

Deep Geisha bath with pure essential oils and mineral salts to revive, relax and detoxify. Luxurious 90 minute Hot Stone Massage

All Day Heavenly Makeover 6 hours 30 minutes \$695

Aromatherapy Body Polish, Rasul Experience mud cleansing ritual. Full body Aromatherapy Massage, Deluxe Facial, Spa Manicure, Spa Pedicure, Mineral Make-up Application

Renewal Package 5 hours 30 minutes \$580

All Day Package Ideal for New Mums or

Anyone in Need of a Little TLC.

Mud Wrap to firm, detox, & stimulate the immune system.

Full Body Aromatherapy Massage, Deluxe Facial,

Spa Manicure, Spa Pedicure, Mineral Make-Up Application.

Touch of Bliss 2 hours \$230

Total Pampering of Face and Body

Full Body Massage, Deluxe Facial.

Nurturing Package 3 hours 45 minutes \$440

Half day package, Hydrotherapy Geisha Bath Ritual. Hot Stone Massage, Facial, and Spa Pedicure. Mineral Make-up Application.

Optional nail paint add \$40

Pregnancy Journey 3 hours \$360

Reviving Treatment Especially

Suited to Expectant Mums

Organic Facial, Spa Pedicure, Pregnancy Massage, Mineral Make-up Application.

Optional nail paint add \$40.

Essential Woman Makeover

3 hours 45 minutes \$380

Deluxe Facial & Back Massage, Manicure, Pedicure, Mineral Make-up Application

Men's Escape 2 hours 30 minutes \$320

Men's facial, hand and foot treatment, anti-stress massage

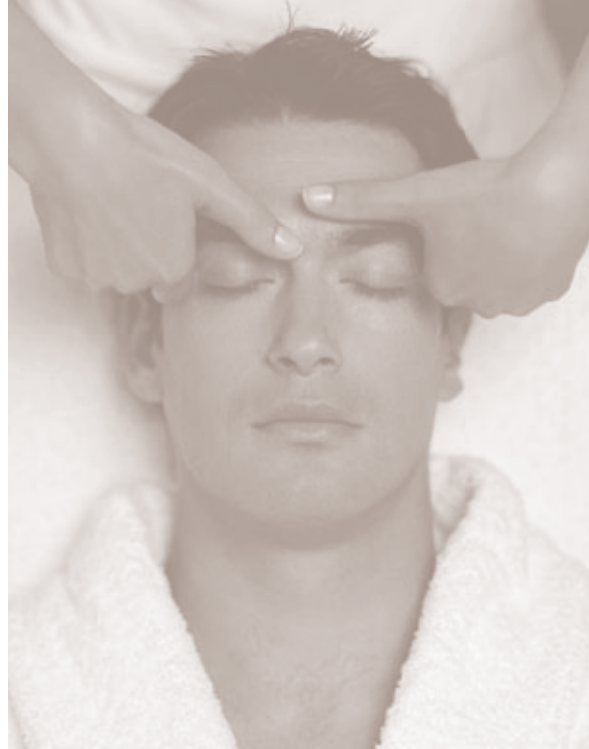
Relaxation Room and Refreshments.

After your treatment you are invited to continue your journey with fruit water and herbal tea.

Personal Package

Tailor make your own package with a selection of treatments from our menu.

Light lunch for all packages over 3 hours





facials

Aroma ki Signature Facial 1hr 15mins \$200

Our most luxurious facial, hydrates, de-stresses, plumps skin and combats the ageing process with highly effective formulas and exceptional results from the first session. An extraordinary multi-sensorial approach embracing a soothing atmosphere, relaxing music, bewitching perfume and rare textures to entice the pleasure of the senses, body, mind and spirit.

Optional extra for complete indulgence and accelerated wellbeing a soothing foot bath, luxurious back neck and shoulder massage **add 30mins \$70.**

Ampoule Therapy 1 hour \$130

Tailored to your specific skin requirements, this facial deeply cleanses and exfoliates the skin with a personally prescribed intensive ampoule complex and treatment mask. The skin is left feeling rejuvenated and radiant.

Organic Escape 1 hour \$130

Hydrating, tonifying, nourishing and regenerating with potent certified organic plant complexes for revitalized, luminous skin.

Flash Beaute 1 hour \$140

A powerful vitamin c pick-me-up cocktail incorporating antioxidants to leave your skin hydrated and energised, naturally promoting collagen to give a more youthful look.

Hydroptimale 1 hour \$160

An intensive professional and luxurious facial treatment. Your skin will appear plumped and hydrated, leaving it dewy soft to create a healthier more youthful complexion.

Collagen Hyaluronic 1 hour 15 mins \$185

Targeted cosmeceutical anti-ageing skin resurfacing for each skin age. Immediate and lasting results. With active cosmeceutical ingredients, this facial focuses on your skin's specific ageing concern.

Eye Contour 30 minutes \$70

Designed specifically to combat the signs of aging of the eye contour. Dark circles appear lightened and puffiness is reduced.

Express Facial 30 minutes \$70

Enzyme Facial POA

Courses available POA

Cosmetic Tattooing POA

Especially to enhance eyebrows and lips

men's facials

Men's Facial 1 hour \$140

Specifically addresses the needs of the male skin.

A de-stressing, detoxifying, rejuvenating and energising facial treatment

make-up

Jane Iredale mineral make-up, the purest make-up, recommended by Cosmetic Surgeons and Dermatologists.

Makeup \$50

Full Special Occasion from \$80

Bridal \$90

medispa

Light Therapy Facials A gentle, rejuvenating and refreshing light therapy, the latest medical innovation in skincare. Retards the ageing processes

Added to any facial add \$30

Glycolic Peel \$115 A light chemical peeling to smooth and soften the skin, diminish fine lines, decrease acne breakouts, even out skin tone and lighten hyper-pigmented areas. Ideal before a special occasion.

Jessner Peel \$150 A stronger peel, with a little recovery time to dramatically reduce the visible signs of ageing.

Microdermabrasion \$150 A medical treatment to refine, resurface and smooth the skin with diamond head technology. Courses of six treatments are recommended. \$700

Botox, Fillers and Anti Wrinkle Treatments POA Botox like injectibles and dermal fillers, creating a more youthful, improved appearance.

laser elos technology POA

Skin Rejuvenation Brown spots from sun damage and ageing, red blotchiness from spider vessels or rosacea and rough skin texture improve over a series of treatments.

Hair Removal Over several treatments there is long term reduction in hair in the area.

Skin Tightening you to comfortably achieve a more youthful, tightened and lifted appearance. The treatment is quick, safe and has no downtime



body treatments

Rasul Experience 1 hour \$170, Two People \$320

Our specialised therapeutic mud treatment completed with a full body moisturisation. designed to enhance your vitality & wellbeing, leaving you relaxed, renewed and revived with beautiful silky soft skin.

Body Polish 45 minutes \$120

Thorough exfoliation for velvety skin, hydrates & energises

Aromatherapy Body Salt Glow 45 minutes \$120

invigorates, smoothes & hydrates skin.

Herbal Mud Body Wrap 1 hour \$155

mineral rich mud stimulates, exfoliates, deeply cleanses and detoxifies the body, leaves skin smooth and radiant.

Herbal Hot Oil Body Wrap 1 hour \$155

Beautiful, relaxing treatment with warm oils to nourish dry skin

Back Balancing Treatment 45 minutes \$120

To deeply cleanse and purify skin eruptions and eliminate blackheads, balance & hydrate the skin.

Two treatments per week for 4 weeks recommended for best results - package \$750

spray tanning

Tan in seconds in our private, fully automated tanning booth. Your choice of tan depth.

Spray Tan \$40

Prep, Spray and Moisturise \$48

Prep and Spray tan \$45

3 for \$120

hydrotherapy

Detox Far Infra Red Dome 30 minutes \$55

Relax and unwind while you detox with intense far infra red healing rays. Designed to enhance your vitality & wellbeing, it reduces pain from exercise, arthritis and eases chronic pain, regulates blood pressure, tones your muscles, assists weight loss and eliminates unsightly cellulite! It even assists the body to remove heavy metals like mercury as well as nicotine, alcohol and bad cholesterol. Infrared rays are completely safe and used in hospitals to warm and promote healing in newborn infants. For optimal health, combine with a healthy diet and regular exercise. Recommended and highly beneficial before any massage.

A series of 10 thirty minute sessions is recommended for noticeable results. \$495

Bath Rituals up to 30 minutes

Relax in your own private geisha plunge tub, alone or with a partner. Geisha Bath ritual single person \$65. With another therapy \$50. Two people together \$80. With flower petals optional extra \$25.

Herbal Steam Infusions up to 30 minutes \$40

Special blends of organic herbs and essential oils are infused. Not suitable during pregnancy. Recommended prior to any facial or massage to maximise therapeutic value.





massage

Hot Rock Massage

A deeply relaxing massage for both men and women. Heated natural stones are used to melt away tension, restoring balance and connection between body mind and spirit.

90 minutes \$220 75 minutes \$185 60 minutes \$150

All Other Massage

90 minutes \$170 75 minutes \$140 60 minutes \$110
45 minutes \$85 30 minutes \$70

Reflexology

Natural healing art using pressure points on specific zones on the feet to promote wellness in the body.

Remedial Massage

Targets specific problems and releases muscular tension.

Aromatherapy Massage Enjoy the healing benefits of natural pure essential oils.

Lymphatic Drainage A special gentle rhythmic massage to stimulate the lymphatic system and boost the immune system. Ideal for cellulite, oedema and detoxing. When combined with Ear Candling ideal for sinus problems.

Pregnancy Massage

Massage to target all the pregnancy trouble spots, lower back, tired feet, shoulders. Relax, renew, revive while you lie face down on a specially designed table for total bliss.

Senior massage therapist

add \$10 per treatment up to 75mins; add \$15 for 90mins and more

men's waxing

Eyebrow \$24

Chest or back \$60

Nose or ears \$16

Chest and stomach \$68

Neck \$22

Back \$58

waxing

Bikini \$32

G String \$43

Lip \$17

Chin \$17

Brazilian \$64

Eyebrow \$24

Underarm \$30

Half leg \$35

Half leg and bikini \$55

Full leg and bikini \$70

Half arm \$30

Full arm \$38

tinting

Lash Tint \$29

Brow Tint \$17

Lash & Brow Tint \$42

Lash, Brow Tint & Shape \$58

hands and feet

Manicure 45 minute \$65

Indulgent Manicure with Mineral Mud Wrap 1hour \$90

Pedicure 45 minute \$75

Indulgent Pedicure with Mineral Mud Wrap 1 hour \$105

French Polish add \$15

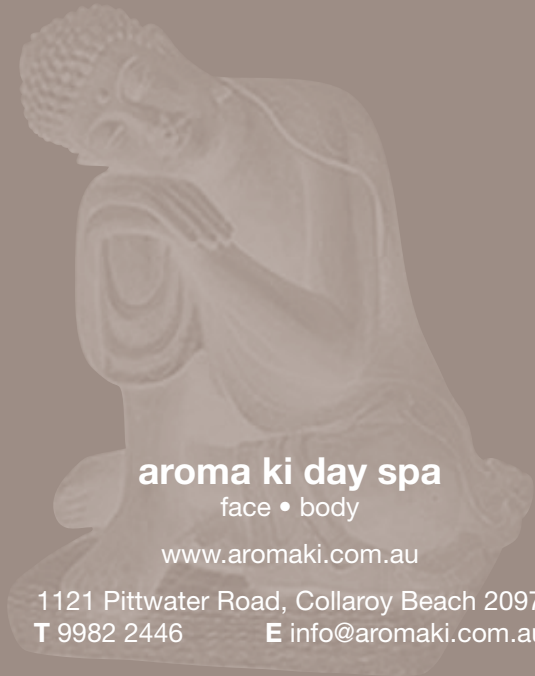
Petite Manicure or Pedicure with treatment add \$35

Medi Pedi POA

Mens Pedicure \$60

Mens Manicure 30 minute \$45





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face • body

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